

Company BALLET



 **Encore Performing Arts Studio**

We have made some changes to best benefit your hardworking children. The company Ballet track has a set criteria for each level based on curriculum for our certification by the American Ballet Theatre. There are 8 levels and we have attached a brief explanation below of those we will incorporate this year.

PrePrimary

Introduced to music and movement in our PrePrimary Level. The emphasis in this course is on rhythm, dynamic, and placement, so that students graduate from Primary with an understanding of spatial awareness, correct alignment, teamwork, and focus as well as the beginning foundation of Ballet.

Primary thru Level 3

Designed to strengthen technique, stamina, and discipline through practical training and lessons in theory. We will strengthen technique and start to introduce theatrics to enhance performance level, anatomical movement, partner/group interaction. Primary-level three will also be introduced to Ballet variations. All while following ABT curriculum.

Level 3 Students will begin the foundations of Pre-Pointe/Pointe work.

Pre-Pointe/Pointe

Dancers in this group have a clear understanding of the foundation of Ballet, and either have been en pointe or are starting their pointe shoe career. Here we will strength their knowledge on clean and precise foot work. To include barre work, center and variations en Pointe. Incorporating strength and conditioning following the curriculum, to prepare for Partnering work.